

Nordic Youth Championships in Sailing 2010

Event: Nordic Youth Sailing Championships in the classes Optimist, Zoom8, Europe, Laser 4.7, Laser Radial.

Organizing authority: Helsinki Sail Racing Management (HSRM) with its member clubs Brändö Seglare, Helsingfors Segelsällskap, Helsingfors Segelklubb, Helsingin Työväen Pursiseura, Merenkävijät, Nyländska Jaktklubben and Suomalainen Pursiseura

Regatta location: Havshamnsstranden/Merisatamanranta and the island Skifferholmen/Liuskasaari and Flisholmen/Sirpalesaari, Helsinki/Helsingfors 00150, www.helsinkisailracing.fi , phone 0503550279, e-mail: jnom@helsinkisailracing.fi

Date: July 20-25, 2010

SAILING INSTRUCTIONS

14.7.2010

1 RULES

- 1.1 The Championships will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The International class rules will apply unless changed in these Sailing Instructions.
- 1.3 The Appendix P will be applied.
- 1.4 In Optimist class the Rule 61.1 (a) (2) is changed as follows: Rule 61.1(a)(2) is deleted. Red flag must be displayed. Immediately after finishing a protesting boat is required, without contacting other boats, to inform the race committee at the finishing line of the intention to protest and the identity of the protestee.
- 1.5 Appendix D of RRS will apply for Team Racing in the classes Optimist and Zoom8.

2 NOTICES TO THE COMPETITORS, RACE OFFICES

Notices to the competitors in the different classes will be posted on the official notice boards as follows:

- 2.1 Optimist at the island Skifferholmen/ Liuskasaari (club Helsingfors Segelsällskap, HSS).
- 2.2 Zoom8, E-class, Laser 4.7, and Laser Radial at the island Flisholmen/Sirpalesaari (club Suomalainen Pursiseura SPS).
- 2.3 There will be a separate race office at each of the above venues.

3 CHANGES TO SAILING INSTRUCTIONS, THE INSTRUCTIONS FOR TEAM RACING

- 3.1 Any change to the sailing instructions will be posted on the notice boards before 0900 on the day they will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 3.2 Separate Sailing Instructions for Team Racing in Optimist and Zoom8 classes will be available at Race Offices not later than Thursday July 22 at noon.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the flag masts at the sites mentioned at point 2.
- 4.2 When flag AP is displayed ashore “1 minute” is replaced with “not less than 60 minutes” in the AP.
- 4.3 When AP over numeral pennant is displayed ashore the postponement is 1, 2, 3 etc. hours after the starting time stated in these sailing instructions.
- 4.4 When Y flag is displayed ashore, rule 40 applies at all times when boats are afloat. This changes the Part 4 preamble.
- 4.5 When V flag and the class flag are displayed ashore no boat is allowed to leave the harbour, i.e. 100 m from the launching site. This instruction ceases to apply when the signals are lowered with one sound.

5 SCHEDULE OF RACES

5.1 Dates of racing:

Tuesday, July 20	Optimist and Zoom8: 1455	Tune up Race
Wednesday, July 21	Optimist, Zoom8: 1055	Racing
Thursday, July 22	Optimist, Zoom8, Laser 4.7, Europe, Laser Radial: 1055	Racing
Friday, July 23	Optimist, Zoom8: 1055	Team Racing
	Laser 4.7, Europe, Laser Radial: 1055	Racing
Saturday, July 24	Optimist, Zoom8, Laser 4.7, Europe, Laser Radial: 1055	Racing
Sunday, July 25	Spare day	

5.2 The scheduled number of races:

	Total	Per day
Optimist and Zoom8	8	2-3
Laser 4.7, Europe, Laser Radial	9	3

The scheduled number of races per day may exceptionally be exceeded by one. If so, a service pause shall be held before the non-scheduled race of the day.

- 5.3 The scheduled time of the first warning signal on Tuesday 20 is 1455. On Wednesday 21, Thursday 22, Friday 23 and Saturday 24 it is 1055.
- 5.4 After a long postponement, to alert boats that a race or a sequence of races will begin soon, an orange flag will be displayed with one sound for at least four minutes before a warning signal is displayed.
- 5.5 On Saturday 24 no warning signal will be made after 1600 if a sufficient number of races to constitute a series have been performed.

6 CLASS FLAGS

Flags for the classes and fleets will be:

Optimist	Zoom8	Laser Radial
Boys G flag	Boys B flag	D flag
Girls F flag	Girls T flag	
Europe Class	Laser 4.7	
E flag	G flag	

7 RACING AREAS

Attachment 1 shows the location of racing areas. The racing of the classes is planned to take place on the different areas as follows:

- 7.1 Optimist is on area C
- 7.2 Zoom8 is on area F.
- 7.3 Laser 4.7, E-class, Laser Radial on area D.

8 THE COURSES

- 8.1 For the classes Optimist and Zoom8 the diagrams in Attachment 2 show the two alternative courses, the order in which the marks are to be passed, and the side on which each mark is to be left. The Race committee will display the course to be sailed by showing the numeral pennant 1 for course alternative 1 and numeral pennant 2 for alternative 2 not later than at the preparatory signal.
- 8.2 For the classes Laser Radial, Europe class, and Laser 4.7 the diagram in attachment 3 shows the course, the order in which the marks are to be passed and the side on which each mark is to be left.

9 MARKS

- 9.1 The marks will be orange buoys.
- 9.2 The starting marks will be the race committee signal boat at the starboard end and a buoy with an orange flag at the port end.
- 9.3 Optimist, Zoom8: The finishing marks will be a committee boat at the port end and buoy with a yellow flag at the starboard end.
- 9.4 Laser Radial, E-class, Laser 4.7: The finishing line marks will be the race committee signal boat at the port end and a buoy with an orange flag at the starboard end.

10 THE START

- 10.1 The starting line will be between staffs displaying orange flags on the starting marks.
- 10.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.3 A boat starting later than 5 minutes after the starting signal will be scored Did Not Start (DNS) without hearing. This changes rules A4 and A5.

11 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course the race committee will move the original mark (or the finishing line) to a new position. Compass bearings to the new mark will not be shown, neither will the change of direction nor length of the new leg be signalled. This changes rule 33(a1,2) and (b).

12 THE FINISH

- 12.1 Optimist, Zoom8: The finishing line will be between staffs displaying an orange flag at the port end and a yellow flag at the starboard end of the finishing line marks.
- 12.2 Laser Radial, E-class, Laser 4.7: The finishing line will be staffs displaying orange flags on finishing line marks.

13 PENALTY SYSTEM

- 13.1 Appendix P will apply.
- 13.2 Rule P2.3 will not apply and rule P2.2 is changed so that it will apply to any penalty after the first one.

14 TIME LIMITS AND TARGET TIMES

- 14.1 The time limits are: Optimist and Zoom8: 70 minutes. Laser 4.7, E-class and Laser Radial: 90 minutes.
- 14.2 Optimist, Zoom8, Laser 4.7, E-class, and Laser Radial: Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5.
- 14.3 The target times are: Optimist and Zoom8: 45 minutes. Laser 4.7, E-class and Laser Radial: 50 minutes.

15 PROTESTS AND REQUESTS FOR REDRESSES

- 15.1 Protest forms are available at the race offices. Protests shall be delivered there within the protest time limit.
- 15.2 For each class the protest time limit is 90 minutes after the last boat has finished the last race of the day.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform the competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, the location of which is informed on the notice board.
- 15.4 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

15.5 A list of boats that, under instruction 12 have been penalised for breaking rule 42, will be posted.

15.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

16 SCORING

16.1 The notion “number of boats entered in the series” in A4.2 is interpreted so that a boat that has scored DNC in every race is not included in this group.

16.2 Three races are required to be completed to constitute a series.

16.3 When fewer than 4 races have been completed, a boat’s series score will be the total of her races scores.

16.4 When 4 or more races have been completed, a boat’s series score will be the total of her races scores excluding her worst score.

17 SAFETY REGULATIONS

17.1 No boat is allowed to leave the harbour, i.e. 100 m from the launching site, unless permitted by signals as mentioned in 4.5. A boat that breaks this instruction will be scored points as provided in rule 44.3(c) without hearing. The penalty will be 3 points for each breach added to the final result of the series. This changes rule A5.

17.2 Boats moving to the racing area will be supervised by safety boats.

17.3 Each competitor shall personally sign out at the race office before launching. After the last race of the day the competitor/skipper is required to personally sign in within the protest time. A boat that breaks this instruction will be scored points as provided in rule 44.3(c) without hearing. The penalty will be 3 points for each breach added to the final result of the series. This changes rule A5.

17.4 A boat that retires from a race shall notify the race committee as soon as possible.

18 ADVERTISING

Boats may be required to display advertising supplied by the organizing authority.

19 OFFICIAL BOATS

19.1 Official boats will display a yellow flag.

19.2 Protest committee boats will display “Signal Flag J”

20 SUPPORT BOATS

20.1 Support boats shall register at the race office and give their mobile phone number. They will be given red/yellow identification flags that shall be shown during the whole regatta.

20.2 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing, and in no case closer than 100 m from a boat that is racing, from the time of the preparatory signal for the first start until all boats have finished or retired, or the race committee signals a postponement, general recall or abandonment.

20.3 Support boats may be requested by an official boat to give support in situations of emergency. This changes instruction 20.2 for the boat in question.

21 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmission while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.

22 PRIZES

22.1 Gold, silver, and bronze medals will be awarded in each class.

22.2 "Daily Firsts" will be awarded to the winners in total preliminary results of the day in each class. The ceremony will commence soon after the last arrival to the harbour and will be announced with two sound signals. The site is Skifferholmen (club HSS).

23.3 Other prizes will be awarded

RACE OFFICERS

Principal Race Officer	Ralph Lindbohm	0407327450
Course Officers:		
Optimist	Erik Wallin	0503783164
Zoom8	Jan Pacius	0407079109
Laser 4.7, Europe class, Laser Radial	Teuvo Hyvönen	0445461343

CHAIRMAN OF THE JURY

Tom Schubert	0405278909
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